

BORED JAR

yellow name labels



Fill in your name and the date your bored jar was created, then fill with fun activities!



Small label
2.5" x 3"



Large label
3.5" x 4"

BORED JAR

blue name labels



Small label
2.5" x 3"



Large label
3.5" x 4"

BORED JAR

fun activities



These traditional and fun activities are tried and true ways to have fun on a summer day.

30 minutes
of TV time

Call a relative

Have a thumb
wrestling battle

Make a pillow fort

Make a puppet show
with dolls or socks

Rent a movie

Play dress up

30 minutes of
computer time

Mail someone
a letter

Call a friend

Play a board game

Write a comedy act to
perform for parents

Tic-Tac-Toe
tournament

Take a bubble bath

Sing a song

Do a word search

1 hour of
video games

Pillow fight

Have a picnic

Bake cookies

Play charades

BORED JAR

healthy activities

Get your kid's heart rate up and help them be healthy with these fun, fit activities.

Play hide-and-seek

Run outside
for 15 minutes

Make an
obstacle course

Play tag

Drink a glass of water

Hold a plank
for 1 minute

Jump rope

Have a crab walk race

Make a list of
every fruit you can

Do 50 jumping jacks

Climb a tree

Play hopscotch

Do 50 sit-ups

Have a dance party

Play basketball

Eat a piece of fruit

Go swimming

Play soccer

Do a handstand

Ride your
bike for 1 hour

Play kickball

BORED JAR

crafty activities



Help your kids flex their creative muscles by including crafty activities for rainy days.

Draw a picture

Build-a-bear
out of paper

Do a puzzle

Create your
own board game


Make masks
out of paper plates

Make a
musical instrument

Make paper airplanes

Draw your
favorite animal

Draw a comic book

 Collect rocks
and paint them

Design a logo
for your family

Make your own clay

Make a
finger painting

Make your
own playing cards

Draw with
sidewalk chalk

Draw a map of
the neighborhood

Draw with
your left hand

Make a scrapbook

Draw a
family portrait

Make a collage
from magazines

Create a time capsule

BORED JAR

educational activities

Help your kid learn various subjects while enjoying their summer day.

Read for 1 hour

Identify different types of trees

Watch a documentary

Watch an educational movie

Write a short story

Make your family tree

Make slime

Write a movie script

Plant a seedling

✂️ Learn the alphabet backwards

Write a poem

Research the year you were born

Count to 500

Draw a constellation

Memorize a famous monologue

Recreate a classic art piece

Draw the solar system

Learn the alphabet in a different language

Go bird watching

Learn about a historical figure

Count to 10 in a different language

BORED JAR

productive activities

Consider incentivizing these tasks by rewarding completed activities.

Wash the car

Clean the bathroom

Help cook dinner

Sweep the kitchen

Clean your bedroom

Organize
your bedroom

Clean the windows

Pull weeds
in the garden

Dust the surfaces in
the living room

Do the dishes

Walk the dog

Pick up trash
in the yard

Do the laundry

Organize
the book shelf

Clean your closet

Vacuum the floors

Set aside toys and
clothes to donate

Check the mailbox

Water the plants

Sweep the hallway

Make your bed

BORED JAR

custom activities



Personalize your bored jar by filling in these blank cards with your own activity ideas.

